



# Day Of Colonoscopy

## **THE DAY OF YOUR PROCEDURE – 5 HOURS BEFORE YOU LEAVE HOME FOR YOUR APPOINTMENT**

- **Step One** – Fill the dosing cup provided with cold water up to the lower line on the cup (5 ounces).
- **Step Two** – Pour in the contents of **ONE** (1) packet – Stir for 2-3 minutes until dissolved. Drink the entire contents.
- Follow with at least **THREE** (3) – 8 ounce cups of clear liquid. You may drink clear liquids until 3 hours before your appointment time.

(After the prep, your stool should be clear to yellow (urine color). If it is not, please call our office. 520-795-3090 If you do not follow these directions, your prep may not be adequate enough for us to complete your procedure, and you may have to reschedule)

**IMPORTANT: You must complete all the prep and required water at least 4 hours before colonoscopy.**

**NOTHING TO DRINK 4 HOURS BEFORE PROCEDURE including gum, candy, mints, cough drops, ice chips, ect....**



**You must have someone drive you home after your procedure.** You will not be allowed to leave by yourself. You will not be able to drive for the remainder of the day.

**\*\*\*A 48-hour (business days) notice is required if you need to cancel or reschedule your appointment or you will be charged a cancellation fee of \$100.00\*\*\***